

Small Wonders

The Newsletter of the Delaware Association for the Education of Young Children, Inc.



Inside this issue

Transition of New DAEYC President	2
New Board Members Join DAEYC	3
Mums for Sale	3
Newsletter Contribution Info	3
Staying Healthy in the Summer	4
DAEYC Membership	4
Feelings Curriculum for Preschoolers Pioted at 200 Early Child Care Sites during Children's Mental Health Awareness Week	5
Save the Date	5
Grant Opportunity!	7
Daddy's Gonna Eat Your Fingers	7
Nutrition and Physical Activity Hotline	7
DAEYC Directory	7

DAEYC Web Site

While you're online, take a look at our Web site. We'd like your feedback and your ideas on how we can make the site serve you better. So please take a minute to visit www.daeyc.org

DAEYC Annual Meeting & Dinner

This year's DAEYC Annual Meeting took place on Thursday, June 2 at the Duncan Center in Dover. Close to sixty members enjoyed good food and good company while honoring three early childhood professionals. The recipient of the 2011 Jane



Award/Grant winners – Kathy Wilson, Trisha Dean, & Patti Lynch

Davidson Award for professional leadership in early care and education was presented to Kathy A. Wilson, Education Specialist in Early Childhood for the Delaware Department of Education. The 2011 recipient of the Roxanne Benatti Award, awarded to an early education professional for outstanding contributions to the field, was Patti Lynch, a teacher at Covenant Preschool and a Technical Assistant for Delaware Stars. The Robert Ferrara Grant is awarded to a DAEYC member to enrich her/his ECE program in working with children with special needs or to enhance activities in the area of music. This year's recipient was Trisha Dean, a teacher at the University of Delaware Early Learning Center. She will use the \$200 grant award to purchase two bongo drums, two floor drums and one gathering drum for her classroom.

Save the Date!

- The DAEYC's first annual "Inspiring Young Minds" fall training will take place on **Saturday, October 29 at the Duncan Center in Dover**. This year's keynote and workshops will concentrate on teaching science to preschoolers. Do not forget to mark your calendars!
- Join the Delaware Association for the Education of Young Children and the Delaware Head Start Associate for the first annual "Making a Difference in Early Childhood: A Conference for Early Childhood Professionals" on **Friday and Saturday, March 30th and 31st, 2012 at the DTCC, Terry Campus in Dover**. Workshop topics will include infants and toddlers, early intervention, preschool, school-age, family child care, administration, home visiting and instructors/technical assistants.



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Delaware Association for the
Education of Young Children, Inc.
700 A River Road
Wilmington, DE 19809
(302) 764-1500

DAEYC Board of Directors 2011-2012

Executive Committee:

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President

Beth Inter
Out-going President

Allison Miller
Vice-President/Affiliate Rep.

Mandy Wilson Cahall
Treasurer

Kim Pridemore
Secretary

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Erica Richard

Elizabeth Ritchie

Martha Sargeni

Brigitte Shellenberger

Debbie Taylor

Janet Taylor-McDowell

Susan Yetman

Small Wonders is the newsletter of the Delaware Association for the Education of Young Children (DAEYC), an Affiliate of the National Association for the Education of Young Children. Small Wonders is published four times a year. The views expressed or implied are not necessarily those of DAEYC. DAEYC assumes no responsibility for any statement of fact or opinion.

Transition of New DAEYC President

Over the past two years I have served as president of this organization and have been honored to do so. While I have been a board member for more than seven years, the last two years have been the most challenging yet amazing as DAEYC transitioned into a fully operational nonprofit. Within this time the board worked consistently to ensure all annual DAEYC events and projects occurred, while mapping out the acquisition of grants and contracts and the delivery of professional services to the practitioners in the Delaware early childhood community.

I would like to recognize the dedicated and wonderful Executive Committee who worked tirelessly to ensure DAEYC's success in the past two years. The collective work of Allison Miller (Vice President/Affiliate Representative), Susan Yetman (Treasurer), Kim Pridemore (Secretary), Paula Holloway (President Elect) and Evelyn Keating (Past President) was key in the success of our transition. I thank them for their commitment to the Delaware Association for the Education of Young Children and its membership. You have represented our community well and I could not have asked for a better team of leaders to work with these past two years.

This is an exciting time in our state with the unprecedented \$22 million investment in early care and education by Governor Markell. Along with other professionals in the field, the board and membership of DAEYC has led the charge for many years towards high quality environments in Delaware for our youngest citizens. The hard work and hours of time early care and education professionals, friends and associates have put in to guaranteeing quality services are available for all young children has made me proud to be a part of this committed community of people.

In leaving the office of president at the end of June, I feel confident and pleased to turn over this leadership role to Paula Holloway's very capable hands. I know the early childhood community will support Paula just as they did for me. I will continue as past president for the next year assisting the new president and board with this transition. On behalf of the Board of Directors, I thank you all for your support, guidance and most of all confidence you have given DAEYC over the years.

Beth Inter



Beth Inter (Out-going DAEYC President) & Paula Holloway (in-coming DAEYC President)

New Board Members Join DAEYC

At the DAEYC annual meeting and awards event June 2nd eleven new members were seated on the Board of Directors. They attended orientation on June 18th and will begin their two year terms on July 1st.

Your new board members are:

Justine Flint – Office of Child Care Licensing Specialist
Linda Friedman, Psy.D – Post-Doctoral Researcher and Parent Educator
Suzanne Hammerer – 3rd Grade Teacher in the Brandywine School District
Zachary Pietrantonio – Research Evaluator
Andrea Prettyman – Director at Avenue Preschool
Erica Richard – 3rd Grade Teacher in the Capital School District
Elizabeth Ritchie – ECE Instructor at Delaware Technical & Community College –Wilmington Campus
Martha Sargeni – Director at St. Andrews Preschool
Brigitte Shellenberger – Family Child Care Provider
Debbie Taylor – Military Child Care Liaison for Delaware
Mandy Wilson Cahall – State of Delaware Evaluator; also the new Treasurer on the executive committee

Re-elected board members are:

Allison Miller – ECE consultant, mentor and Trainer; re-elected Vice President on the executive committee
Kim Pridemore – Program Manager at the Delaware Technical & Community College – Terry Campus Child Development Center; re-elected as Secretary
Cheryl Siok-Clendaniel – Early Childhood Administrator
Susan Yetman – Preschool Teacher at the University of Delaware Early Learning Center



Mums for Sale – Will you help us?



DAEYC will be conducting our 2nd annual chrysanthemums sale in the month of August. Grown by local farmers at TA Farms in Wyoming, Delaware, these mums are big and beautiful for a reasonable cost. For only \$6.00 supporters of DAEYC can purchase mums in red, yellow, orange, purple or white. They come in 9” fiber pots and are comparable to Lowe’s mums retailing for \$13-\$14. Mums will be delivered at a location in all three counties where those who purchase can pick them up on a designated date and time (New Castle Co. @ the UD Early Learning Center in Newark, Kent Co. @ the Child Development Center – Terry Campus in Dover, Sussex Co. – location to be determined).

We are looking for DAEYC members to assist the board in selling these mums. All profits made will go in to the DAEYC budget to support the office operations, trainings provided by DAEYC and the annual DAEYC awards. Our goal is to raise \$6-8,000 with this project.

More information will be posted on our website by the end of July. We will send out an e-mail to announce final details at that time. If you would like to assist in selling the mums please contact Beth Inter via e-mail at binter@udel.edu or Daphne Evans at devans611@gmail.com. If you would like to order mums, please contact Amy Lane (DAEYC Administrative Coordinator) at alane@daeyc.org or 302-764-1500. Thank you in advance for your support.

DAEYC would love to have members throughout the state contribute to our newsletter. Do you have information, knowledge or upcoming events to share with others?

If so, please email your information to Amy Lane (DAEYC Administrative Coordinator) at alane@daeyc.org.

For the Fall newsletter the date to submit is September 2, 2011. The newsletter is usually published within two weeks of the submission date.

DON'T FORGET – the *Small Wonders* newsletter is now available via our website (www.daeyc.org) under the Forms & Publications section. We will notify members via email when the newsletter is available online. If your email address is incorrect, please make the corrections at the NAEYC website www.naeyc.org



DAEYC Membership

The value of your membership:

- Information and Specialized Resources
- Advocacy efforts
- Educational activities and products to enhance your career development
- Networking with other early childhood professionals
- Annual Banquet and Meeting
- Annual DAEYC Conference
- Newsletter – Delaware specific

To become a member of NAEYC and DAEYC log on to www.naeyc.org

DAEYC Contact Information:
Delaware Association for the
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Wilmington, DE 19809
(302) 764-1500
www.daeyc.org



Help a friend become a member of DAEYC/NAEYC

go to www.naeyc.org to sign up.
Membership dues for
Delaware are:

Comprehensive = \$90.00 per year
Regular = \$55.00 per year
Student = \$40.00 per year



Staying Healthy in the Summer

By: Gina Celano, Nemours

Summer can be a time of barbecues, ballgames, and ice cream. But it can also be a time for healthy fun with new games, food, and activities. Try incorporating some of these ideas into your daily summer routines.

S is for summer foods like salads, strawberries, squash, sweet potato, spinach, string beans and sweet corn. Eat your way through the alphabet by picking a letter of the week and eating different foods that start with that letter. Try to mix up your foods by choosing whole grains, meat/meat alternates, and fruits & vegetables.

Use water as a way to engage in physical activity. Set up a sprinkler and let children run through, or let them play with buckets and sponges to soak themselves or each other on a hot day.

Make new recipes or name old ones based on themes. For example, if one week you are focusing on outer space, make up names for the dishes you are serving that involve astronauts, “out of this world” ideas, aliens, or other space-related names.

Maintain routines. Even though children are out of school, it is important for their bodies and minds to remain on a schedule. Keep children on track with steady mealtimes, naps, bedtimes, and chances to engage in indoor and outdoor play.

Eat outside, but don't forget sunscreen to protect little bodies from the sun. Take lunch or snack outdoors for a picnic. Set up a blanket or table with plates and utensils like you would inside. Allow children to help carry supplies and to choose a new food they would like to try on their outdoor adventure.

Reinvent old pastimes. You'd be amazed what type of activities can be done with sidewalk chalk, hula hoops, jump ropes, and/or a ball or two. Given these options, children can come up with multiple games that allow them to engage in their daily dose of activity.

Summer is a great time to look for new ideas for outdoor games, fresh fruits and vegetables, recipes, gardening, and teaching opportunities out in the community. For more ideas on recipes and activities, check out the Healthy Kids Collection at the Brandywine, Newark, Dover, and Lewes libraries. Ask your local librarian for more information.

Feelings Curriculum for Preschoolers Piloted at 200 Early Child Care Sites during Children's Mental Health Awareness Week

Through the more than 200 family child care and early child care and education centers that signed up to participate in the newly created "I Feel ... Feelings from A to Z" preschool curriculum, an estimated 12,320 children and their families were engaged in a special Children's Mental Health Awareness Week activity during the first week of May.

Coordinated through Delaware's B.E.S.T. (Bringing Evidenced-based System of Care and Treatment) for Young Children and Their Families, the Delaware Children's Department Division of Prevention and Behavioral Health Services (PBH) early childhood mental health initiative, this learning experience reinforced social and emotional development skills for young children while promoting that positive mental health is essential to a child's healthy development from birth.



Lewes Mayor Jim Ford listens to the 4-year-olds at Beach Babies in Lewes describe their feelings.

During Awareness Week, six of the participating sites (2 in each county) had special guests join the children in interactive activities on feelings. Lewes Mayor Jim Ford participated at Beach Babies in Lewes; Delaware Children's Department Secretary Vivian Rapposelli visited Expanding Our Kid's World in Smyrna; Delaware's B.E.S.T. Project Director Mary Moor engaged the children at Marlette Lofland's Colorful World Daycare in Bridgeville; and PBH Director Susan Cycyk met with the staff and children at Sandy Steele's Kids Kount Daycare in Smyrna, Rose Currington's in Claymont, and the Latin American Community Center (LACC) in Wilmington. Colorful World Daycare, LACC and Expanding our Kid's World are DAEYC members. The following photos highlight how the guests shared with the children what it looks like to be sad, happy, scared and mad.

continued on page 6

Save the Date

CARE Training for Child Care Staff

Stay-tuned for information from the Office of Child Care Licensing about upcoming Child - Adult Relationship Enhancement (CARE) trainings this summer. CARE provides six hours of Level 1 training in behavior management techniques. The trainings are scheduled for Saturday July 9 and August 27. These are full days of training and you need only attend one day.

CARE was developed by staff at The Trauma Treatment Training Center at Cincinnati Children's Hospital and is based on core concepts of Parent-Child Interaction Therapy (PCIT). The skills taught in CARE have been shown to help adults and children form a more positive relationship, and assist adults/caregivers in managing a variety of challenging behaviors. The overall goal of CARE is to create a solid foundation of behavior management skills by enhancing child-adult relationships, promoting positive child behaviors, and increasing compliance.



Joining the children at Expanding our Kid's World in Smyrna, Delaware Children's Department Secretary Vivian Rapposelli and her helpers demonstrate what it looks like to be happy.

PBH Director Susan Cycyk and family child care provider Rose Currington of Claymont join the children in a special expression of how they feel through the "happy dance."



For more information on how you can incorporate the
"I Feel ... Feelings from A to Z"
preschool curriculum into your early care program,
contact Janet Taylor-McDowell at janet.taylor-mcdowel@state.de.us
or 302-781-3217.

Nutrition and Physical Activity Helpline 1-800-660-6602

The nutrition and physical activity helpline is a toll-free number available to answer your questions on nutrition and physical activity in child care. Helpline staff is available Monday through Friday 9 a.m. to 5 p.m., and there is a voice mailbox for after hours. We have been receiving some great questions from providers regarding nutrition and physical activity! Feel free to call with any questions you have. Staff is ready and willing to help you make nutrition and physical activity a part of your daily routine!

NAEYC Directory

Main Phone Number

800-424-2460; 9am to 5pm eastern

E-Mail

membership@naeyc.org

Mailing Address

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Washington, DC 20005

Address for Membership Renewal

PO Box 97156
Washington, DC 20090-7156

24 Hours Fax Number

202-328-2649

Other NAEYC Departments

www.naeyc.org/contact/

Grant Opportunity! Childcare Capacity Building Program

Delaware Institute for Excellence in Early Childhood (DIEEC) is seeking proposals for identified gaps in service areas: infants and toddlers, school-age youth, children with disabilities, non-traditional hours and mildly-ill children. Funds must be used to create, expand or enhance the quality of programs, with an emphasis on serving low-income children. Programs must be licensed through the Office of Child Care Licensing, Department of Services for Children, Youth and Their Families. Licensed early childhood programs can apply for grant funds to offset a portion of program start-up, expansion or improvement costs; including personnel, equipment, supplies, contractual services and professional development.

The proposal due dates for the grant year 2010/2011 are as follows: **September 15, 2011 and January 13, 2012 and April 6, 2012.**

To take advantage of this opportunity to receive funds and quality technical assistance Call **831-3239** or visit **www.dieec.udel.edu** for more information TODAY!

DADDY'S GONNA EAT YOUR FINGERS

Submitted by Kathy Moore, DAEYC Member

I was packing for my business trip and my three year old daughter was having a wonderful time playing on the bed. At one point she said, 'Daddy, look at this', and stuck out two of her fingers.

Trying to keep her entertained, I reached out and stuck her tiny fingers in my mouth and said, 'Daddy's gonna eat your fingers,' pretending to eat them.

I went back to packing, looked up again and my daughter was standing on the bed staring at her fingers with a devastated look on her face.

I said, 'What's wrong, honey?'

She replied,
'What happened to my booger?'

